

# Starters

## Hummmus

Puree of chick peas, tahini, garlic, extra virgin olive oil and fresh lemon juice.

Served with flat bread. \$6.45

## Earth & Surf

Fried fresh calamari and assorted vegetables in a light batter. Served with aioli sauce.

\$9.65

## Traditional Smoked Salmon

Smoked salmon, sliced tomato, Bermuda Onions, olives, bagel and cream cheese.

\$12.95

## Buffalo Chicken Wings

Glazed with our own spicy sauce. Served with ranch dressing and celery sticks.

\$7.95

## Quesadillas

Flour tortilla filled with Mozzarella & Cheddar cheese, Ortega chilies, cilantro, green

onions, salsa & sour cream \$6.95

With Chicken \$8.95

## Today's Soup or House Salad

\$4.25

# Salads

## Seafood Salad

Heart of romaine, tomato & broccoli tossed in a light vinaigrette dressing. Topped with sautéed scallops, prawns, calamari, celery and mushrooms in a light garlic sauce

\$15.15

## Spicy Beef Salad

Thin slices of steak and mushrooms sautéed in our spicy sauce, served on a bed of tomato, cucumber & hearts of romaine, tossed in a light vinaigrette dressing.

Garnished with onion rings & fresh herbs

\$14.75

## California Cobb

Hearts of romaine topped with diced bacon, smoked turkey, tomato, avocado, eggs & Blue cheese. Choice of dressing.

\$11.40

## Crab Louie Salad

Hearts of romaine, avocado, tomato and broccoli, tossed in our own Louie Dressing.

Topped with crab meat.

\$15.85

## Tostada Salad

Crisp hearts of romaine, avocado, diced tomato & shredded Cheddar topped with seasoned breast of chicken,

sour cream & salsa

\$11.45

## Napa Valley Spinach Salad

Baby spinach, carrots, candied walnuts, dried cranberries, apples, crumbled Feta cheese in a light raspberry vinaigrette

\$10.95

add Chicken \$12.75

add Shrimp \$14.25

## Caesar Salad

Crisp hearts of romaine tossed with Caesar dressing, croutons & parmesan cheese

\$8.50

With Chicken \$11.50

With NY Steak \$16.95

## Oriental Chicken Salad

Traditional salad mix tossed in our own sesame ginger dressing. Topped with teriyaki glazed chicken breast & garnished with mandarin orange & sesame seed. \$11.85

## Herb Crusted Salmon Salad

Crisp hearts of romaine tossed in a vinaigrette dressing, topped with fresh herb crusted salmon. Garnished with tomato &

Cucumber \$13.95

## BBQ Chicken Salad

Hearts of romaine, fresh basil, crispy corn tortillas, Swiss & Cheddar cheese, tossed in our own ranch dressing. Topped with BBQ breast of chicken, tomato & cucumber

\$11.85

## Teriyaki Salmon Salad

Hearts of romaine, red cabbage & cilantro tossed in sesame ginger dressing. Topped with Teriyaki glazed filet of salmon, mandarin orange & Sesame

seeds. \$13.95

# Entrees

## Filet of Salmon

Flame grilled fresh salmon topped with saffron sauce, served with rice & vegetables \$18.95

## Lemon Cream Ravioli

Stuffed ravioli with a light and tangy lemon cream sauce & fresh basil \$16.65

## Prawns Linguini

Linguini with jumbo prawns, garlic & basil in a tomato wine sauce \$17.95

## Chicken Fettuccini

Fettuccini with breast of chicken, garlic & vegetables in a parmesan cream sauce \$16.95

## Florentine Chicken

Breast of chicken with spinach, mushroom & onions in a light cream sauce \$16.95

## Tofu Stir Fry

Tofu and assorted fresh vegetables sautéed in a light soy sauce with garlic and ginger

\$13.95

## Marinated Pork Chop

With demi glace mushroom sauce, garlic mashed potatoes and fresh vegetables \$17.95

## Marinated Lamb Chop

With Rosemary Merlot demi glace sauce, garlic mashed potatoes & vegetables \$22.95

## New York Steak

Prime Angus beef served with sautéed spinach & garlic mashed potatoes \$25.95

# Burgers

Served with choice of French Fries, or Cole Slaw

## Classic Burger

With lettuce, tomato, red onion & herbed mayonnaise \$9.25  
With cheese \$9.65

## Cíbo Burger

Provolone cheese, avocado, bacon, red onion, lettuce, tomato & herbed mayo \$10.95

## Portobello Burger

With grilled Portobello, roasted pepper & provolone cheese (no bun) \$13.55

## Cheese & Bacon Burger

With bacon, lettuce, tomato, red onion & herbed mayo \$10.75

## BBQ Burger

With hickory BBQ sauce, grilled onion & cheddar cheese \$10.25

## Cajun Burger

With roasted pepper, provolone cheese, lettuce & tomato, herbed mayo \$10.25

## Garden Burger

Vegetarian patty, lettuce, tomato, red onion \$9.95

## Turkey Burger

Free range turkey patty with lettuce, tomato & red onion, herbed mayo \$10.65

Add a tossed salad or soup with any entrée or burger Additional \$2.50

# Sandwiches

All sandwiches served with choice of French Fries or home made Cole Slaw.  
Add a tossed salad or soup for \$2.50

## Palo Alto Club

Smoked Turkey, bacon, Swiss Cheese,  
lettuce tomato and herbed mayonnaise  
\$10.45

## California Chicken

Seasoned chicken breast flame grilled  
with provolone cheese, avocado,  
lettuce, tomato & herbed mayonnaise  
\$10.55

## Turkey Melt

Smoked turkey, grilled onion, tomato  
and cheddar cheese  
\$10.45

## Pastrami

Lean pastrami, provolone, red onion,  
lettuce, tomato & herbed mayonnaise  
\$11.25

## Philadelphia Cheese Steak

Sliced grilled steak, roasted peppers,  
onions and provolone cheese  
\$10.95

## Portobello Mushroom

Broiled Portobello mushroom, roasted  
pepper, lettuce, tomato & herbed  
Mayonnaise \$10.70

## Tuna Salad

Freshly made tuna salad with lettuce,  
tomato and herbed Mayonnaise  
\$9.95

## California BLT

Bacon, lettuce, tomato & avocado on  
sourdough bread with herbed mayonnaise  
\$9.55

## Cajun Chicken

Spicy grilled chicken breast, roasted  
peppers, provolone cheese, lettuce,  
tomato & herbed mayonnaise  
\$10.55

## Smoked Turkey

Smoked turkey, Swiss Cheese, lettuce,  
tomato and herbed mayonnaise  
\$10.25

## Reuben

Pastrami, sauerkraut, provolone cheese  
and herbed Mayonnaise  
\$11.25

## Crab Sandwich

Crab meat, provolone cheese, fresh baby  
spinach, tomato and cucumber  
\$15.15

## Meatloaf

Topped with burgundy mushroom sauce.  
Served open face with Garlic mashed  
potatoes, fries or Cole Slaw \$10.45

## Tuna Melt

Served with cheddar cheese, tomato and  
herbed mayonnaise  
\$10.25

## ½ Sandwich with soup or salad

BLT, Smoked Turkey or Tuna \$8.65

# Wraps

All wraps are made with flat bread and served with tossed salad.

## Roasted Vegetable Wrap

\$10.65

## Chicken And Roasted Vegetable

\$11.75

## Beef Gyro Wrap

\$10.65

Add Goat Cheese \$ .95

# Beverages

Milk	Small \$2.05	Large \$3.10
Orange Juice	Small \$2.85	Large \$3.85
Grapefruit Juice	Small \$2.60	Large \$3.60
Tomato Juice	Small \$2.60	Large \$3.60
Cranberry Juice	Small \$2.60	Large \$3.60

Coffee, Tea and Soft Drinks \$2.20

## Espresso Bar

Espresso \$2.35	Café Latte \$3.05	Mocha \$3.80
Cappuccino \$3.05	Hot Chocolate \$2.95	