

LUNCH STARTERS

Mazeh \$6.75

Feta cheese, tomato, cucumber and fresh herbs drizzled with extra virgin olive oil and balsamic vinegar, served with flat bread

Hummus \$5.95

Puree of chick of peas, tahini, garlic, extra virgin olive oil and fresh lemon juice, served with flat bread

Earth & Surf \$8.95

Fried fresh calamari and assorted vegetables in a light batter served with aioli sauce

Traditional Smoked Salmon \$12.95

Smoked salmon, sliced tomato, Bermuda onions, olives, bagel and cream cheese

Buffalo Chicken Wings \$7.45

Glazed with our own spicy sauce and served with ranch dressing and celery sticks

Cheese Quesadillas \$6.55

with Chicken \$8.25

Flour tortilla filled with Mozzarella and Cheddar cheeses, Ortega chilies, cilantro and green onions, served with salsa, sour cream and chives

Soup du Jour or House Salad \$3.95

LUNCH SALADS

Greek Spinach Salad \$10.15

Fresh Baby Spinach with feta cheese, red onion, tomato, cucumber and kalamata olives, tossed with tarragon dressing

Chef Salad \$9.75

Crisp hearts of romaine, lean ham, smoked turkey, Swiss and American cheese, cucumber, and tomato. Served with your choice of dressing

Tostada Salad \$10.15

Hearts of romaine topped with diced bacon, smoked turkey, tomato, avocado, eggs and bleu cheese. Served with your choice of dressing

California Cobb Salad \$10.15

Hearts of romaine topped with diced bacon, smoked turkey, tomato, avocado, eggs and bleu cheese. Served with your choice of dressing.

Mediterranean Salad \$10.35

Spring mix, mushrooms, avocado and basil tossed in a light vinaigrette dressing topped with tomato, roasted eggplant and Portobello mushrooms

Teriyaki Salmon Salad \$12.95

Hearts of romaine, red cabbage and cilantro tossed in sesame ginger dressing, topped with teriyaki glazed fillet of fresh salmon, Mandarin oranges and toasted almonds and sesame seeds

Caesar Salad \$7.95

Crisp hearts of romaine tossed with Caesar dressing, crutons and parmesan cheese

Spicy Beef Salad \$13.85

Thin slice of steak sautéed in our spicy sauce, served on a bed of tomato, cucumber and hearts of romaine and garnished with fried shallots and fresh herbs

Chicken Caesar Salad \$10.15

Crisp hearts of romaine tossed with Caesar dressing and topped with grilled fresh chicken breast

Oriental Chicken Salad \$10.15

Traditional salad mix tossed in our own sesame ginger dressing and topped with teriyaki glazed chicken breast, Mandarin oranges toasted

Seafood Salad \$13.85

Hearts of romaine, tossed in a light vinaigrette dressing, topped with tomatoes and sautéed scallops, prawns, and calamari in a light garlicky wine sauce

BBQ Chicken Salad \$10.15

Hearts of romaine, fresh basil, crispy corn tortillas, Swiss and cheddar cheese, tossed in our own ranch dressing, topped with BBQ breast of chicken, tomatoes and cucumber

Herb Crusted Salmon Salad \$12.65

Crisp hearts of romaine tossed in a vinaigrette dressing, topped with fresh herb crusted salmon and garnished with tomato and cucumber

Crab Louie Salad \$14.95

Hearts of romaine, avocado, diced tomato and shredded Cheddar cheese topped with seasoned breast of chicken, sour cream and salsa

LUNCH ENTREES

Add a tossed Salad or Soup with Any Entrée for \$2.95

Pork Chop \$16.25

Marinated in Cajun spices and topped with demi glace mushroom sauce served with garlic mashed potatoes and fresh vegetables

Lamb Chop \$21.10

Marinated chops in a rosemary Merlot demi glace sauce served with garlic mashed potatoes and fresh vegetables

N.Y. Steak \$25.45

Prime Angus beef served with sautéed fresh spinach and garlic mashed potatoes

Filet of Salmon \$17.05

Fresh salmon broiled and topped with Cibo saffron sauce served with rice and fresh vegetables

Florentine Chicken \$16.25

Sauteed fresh breast of chicken with fresh spinach, mushrooms and onions in a light cream sauce, served with rice and sautéed fresh vegetables

Lemon Cream Sauce Ravioli \$14.85

Stuffed ravioli served with a light homemade sauce

Chicken Fettuccini \$15.45

Fettuccini with breast of chicken, garlic and assorted fresh vegetables in a parmesan cream sauce

Prawns Linguini \$16.35

Linguini with jumbo prawns, garlic and basil in a fresh herb tomato and wine sauce

LOW CARBS

Angus Steak \$25.45

Prime Angus beef served with steamed fresh vegetables and creamy mashed cauliflower

Lemon Chicken \$16.25

Fresh boneless breast of chicken, charbroiled and basted with lemon sauce, served with creamy mashed cauliflower and sautéed fresh vegetables

Portobello Burger \$11.95

Flame broiled marinated Portobello mushroom, our fresh burger patty, and roasted red pepper topped with provolone cheese served with spring mix tossed in a light vinaigrette dressing

Tofu Stir-Fry \$12.65

Tofu and assorted fresh vegetables sautéed in a light soy sauce with garlic & ginger

Steak Caesar Salad \$15.95

Crisp hearts of romaine tossed with light Caesar dressing and parmesan cheese topped with grilled Prime Angus NY steak

SANDWICHES

*All sandwiches served with choice of French Fries or Homemade Cole Slaw and Pickles
Add a Tossed Salad or Soup for \$2.95*

Palo Alto Club \$9.35

A triple decker with smoked turkey, bacon, Swiss cheese, lettuce, tomato and herbed mayonnaise

California Chicken Sandwich \$9.45

Grilled seasoned chicken breast topped with provolone cheese, avocado, lettuce and tomato.

Served with herbed mayonnaise

Cajun Chicken Sandwich \$9.45

Grilled spiced breast of chicken topped with roasted peppers, provolone cheese, lettuce and tomato.

Served with herbed mayonnaise

Steak Sandwich \$16.45

Prime Angus Beef served open faced

Philly Cheese Steak Sandwich \$9.85

Sliced grilled steak with roasted peppers, onions and provolone cheese

Philadelphia Chicken Sandwich \$9.85

Sliced grilled chicken breast with roasted peppers, onions and provolone cheese

Portobello Mushroom Sandwich \$9.55

Broiled marinated Portobello mushroom topped with fire roasted pepper, lettuce and tomato, served with herbed mayonnaise

Meat Loaf Sandwich \$9.35

Homemade meat loaf topped with mushroom Burgundy sauce served open face with garlic mashed potatoes or French fries or coleslaw

Tuna Sandwich \$8.95

Freshly-made tuna salad, with lettuce, tomato and herbed mayonnaise

Turkey Melt \$9.25

Smoked Turkey, grilled onion, tomato and Cheddar cheese

Smoked Turkey Sandwich \$9.15

Served with lettuce, tomato, Swiss cheese and herbed mayonnaise

Pastrami Sandwich \$10.15

Lean pastrami with lettuce, tomato, red onion, provolone cheese, and herbed mayonnaise

Reuben Sandwich \$10.15

Lean pastrami topped with sauerkraut, provolone cheese and herbed mayonnaise

California B.L.T. Sandwich \$8.45

Crisp bacon, lettuce, tomato and avocado. Served on sliced sourdough bread with herbed mayonnaise

Zorba Sandwich \$9.10

Lean ground beef sautéed with mushrooms, fresh spinach, onions, garlic and spices.

Served with special sauce in a pita bread

Tuna Melt \$9.25

Smoked turkey, grilled onion, tomato, and herbed mayonnaise

Half Sandwich with Soup or Salad \$7.85

Choose from California B.L.T., Smoked Turkey, or Tuna Sandwich, served with soup of the day or house salad

Crab Sandwich \$14.15

Crab meat, fresh baby spinach, tomato, cucumber, and provolone cheese

WRAPS

All wraps are made with flat wheat bread and served with spring mix salad

Chicken and roasted vegetables \$10.65

Roasted vegetables \$9.55

Beef Gyro wrap \$9.55

Add goat cheese \$0.75

BURGERS

Our burgers are made of 100% Fresh Angus Beef. Served with choice of French Fries or Homemade Cole Slaw and Pickles

Add a Tossed Salad or Soup for \$2.95

Classic Burger \$8.35

Lettuce, tomato, red onion and herbed mayonnaise

With cheese \$8.95 cheese & mushroom \$9.45

With cheese & bacon \$9.95

Teriyaki Burger \$9.15

Our hamburger patty glazed with teriyaki sauce, topped with sautéed mushrooms and Swiss cheese

Cajun Burger \$9.45

Grilled spiced patty topped with roasted peppers, provolone cheese, lettuce and tomato

Patty Melt \$9.35

Served with sautéed onions, Swiss cheese, and herbed mayonnaise

Cibo Burger \$11.15

Grilled seasoned fresh patty topped with provolone cheese, avocado, bacon, lettuce, tomato, red onion and herbed mayonnaise

Bleu Burger \$9.35

Topped with Bleu cheese, lettuce, tomato, red onion, and herbed mayonnaise

Turkey Burger \$9.85

Diestel Free Range turkey patty with lettuce, tomato and red onion

Garden Burger \$8.55

*With lettuce tomato & red onion
With Cheese \$9.05*

BEVERAGES

Hot or Cold Drinks \$1.95

Free refill

Milk	Small \$1.90	Large \$2.40
Fresh Orange Juice	Small \$2.25	Large \$3.10
Grapefruit Juice	Small \$2.25	Large \$3.45
Tomato Juice	Small \$2.25	Large \$3.25
Cranberry Juice	Small \$2.25	Large \$3.25

ESPRESSO BAR

Espresso \$1.95

Mocha \$3.25

Café Latte \$2.55

Cappuccino \$2.55

Hot Chocolate \$2.55