

Starters

Hummus

Puree of chickpeas, tahini, garlic, extra virgin olive oil and fresh lemon juice.
Served with flat bread \$6.95

Earth & Surf

Fried fresh calamari and assorted vegetables in a light batter. Served with aioli sauce
\$10.65

Traditional Smoked Salmon

Smoked salmon, sliced tomato, Bermuda Onions, olives, bagel and cream cheese
\$15.25

Buffalo Chicken Wings

Glazed with our own spicy sauce. Served with ranch dressing and celery sticks
\$8.95

Quesadillas

Flour tortilla filled with Mozzarella and Cheddar cheese, Ortega chilies, cilantro, salsa and sour cream \$7.95
With Chicken \$10.25

House Salad \$4.75

Soup of the Day \$5.25

Salads

Seafood Salad

Heart of romaine, tomato and cucumber tossed in a light vinaigrette dressing. Topped with sautéed scallops, prawns, calamari, celery and mushrooms in a light garlic sauce
\$17.95

Spicy Beef Salad

Thin slices of steak sautéed in our spicy sauce, served on a bed of tomato, cucumber and hearts of romaine, tossed in a light vinaigrette dressing. Garnished with onion rings and fresh herbs \$16.95

California Cobb

Hearts of romaine topped with diced bacon, smoked turkey, tomato, avocado, eggs and Blue cheese. Choice of dressing
\$13.95

Crab Louie Salad

Hearts of romaine, avocado, tomato and broccoli, tossed in our own Louie Dressing.
Topped with crab meat \$17.95

Tostada Salad

Grilled chicken on a bed of crisp romaine, roasted corn, black beans, shredded cheddar, diced tomatoes and crispy tortilla strips, tossed in our own ranch dressing topped with Guacamole and salsa Fresca \$14.75

Cibo Kale Caesar Salad

Kale, Brussels sprouts, Romaine lettuce, almonds, raisins, croutons, Parmesan cheese, Our own Caesar dressing \$12.95
With Chicken \$15.95 With Shrimp \$17.95
With NY Steak \$21.50

Chinese Chicken Salad

Shredded Chicken on mixed greens, shredded Napa cabbage, cilantro, mandarin oranges, crispy wontons all tossed in our sesame ginger dressing topped with peanuts and sesame seeds
\$13.95

Herb Crusted Salmon Salad

Herb crusted Salmon filet on top of a bed of Romaine heart, diced tomatoes and cucumber with our citrus vinaigrette \$15.95

BBQ Chicken Salad

Hearts of romaine, fresh basil, crispy corn tortillas, Swiss and Cheddar cheese, tossed in our own ranch dressing. Topped with BBQ breast of chicken, tomato and cucumber
\$13.95

Teriyaki Salmon Salad

Teriyaki glazed salmon filet on top of romaine, red cabbage and cilantro, tossed in our sesame ginger dressing and garnished with mandarin orange slices and sesame seeds \$15.95

Southwest Chicken Salad

Breaded chicken strips served on crisp romaine with avocado, roasted corn, shredded cheddar and diced tomatoes all tossed in our spicy ranch dressing and garnished with crispy tortilla strips and caramelized walnuts \$14.95

Napa Valley Spinach Salad

Baby spinach, carrots, candied walnuts, dried cranberries, apples, crumbled Feta cheese in a light raspberry vinaigrette \$12.95
With Chicken \$15.95 With Shrimp \$17.95
With NY Steak \$21.50

We will be happy to do a substitute for you. Please ask the server for the cost of your request.

Steaks and Specialties

Steak Rolletini

Certified Angus NY Steak, stuffed with spinach and Bleu cheese, balsamic sauce
\$23.95

New York Steak

Prime Angus beef, peppercorn crusted, Bordelaise sauce
\$31.95

Marinated Lamb Chop

With Rosemary Merlot demi-glace sauce
\$25.95

Rack of Pork

Fresh mango chutney sauce
\$20.95

Rib Eye Steak

Prime Angus beef, peppercorn sauce
\$37.95

SIDE DISHES FOR STEAKS AND CHOPS: Please choose 2

Garlic mashed potato
Sautéed fresh vegetables
Creamed spinach
Roasted potato wedges

Baked potato
BBQ beans
Basmati rice
Crisp bacon potato cake

Tofu Stir Fry

Tofu and assorted fresh vegetables sautéed in a light soy sauce with garlic and ginger
\$15.50

Meatloaf

Homemade meat loaf topped with mushroom burgundy sauce, garlic mashed potatoes and vegetables
\$15.50

Seafood

Scallop Sauté

Fresh sea scallops sautéed in a white wine sauce, served with rice and vegetables
\$24.50

Filet of Salmon

Flame grilled fresh salmon topped with saffron sauce, served with rice and vegetables
\$21.95

Pan Seared Salmon

Wild raspberry sauce, crisp bacon potato cake and sautéed vegetables
\$22.95

Sautéed Shellfish Combo

Sea Scallop and wild prawns sautéed in a white wine butter sauce with fresh lemon. Basmati rice and sautéed fresh vegetables
\$25.75

Crispy Cracker Snapper

Fresh Snapper fillet coated with our own seasoned crackers, creamed spinach and garlic mashed potatoes
\$18.75

Add a tossed salad or soup with any entrée or burger Additional \$4.00

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Pasta and Chicken

Angel Hair Pasta

Delicate angel hair pasta with fresh Roma tomatoes, basil, garlic and capers
\$14.50

With homemade meatballs \$16.95

Chicken Fettuccini

Fettuccini with breast of chicken, garlic and vegetables in a parmesan cream sauce
\$18.50

Prawns Linguini

Linguini with jumbo prawns, garlic and basil in a tomato wine sauce
\$19.95

Seafood Pasta

Linguini with scallops, shrimp, calamari, salmon, green onions, red bell pepper and mushroom, in a Cajun cream sauce
\$24.95

Florentine Chicken

Breast of chicken with spinach, mushroom and onions in a light cream sauce served with rice and vegetables
\$18.50

Lemon Cream Ravioli

Stuffed ravioli with a light and tangy lemon cream sauce and fresh basil
\$16.95

Artichoke and Chicken Linguini

Hearts of artichoke, fresh chicken and mushrooms in a light pesto cream sauce
\$22.25

Chicken Parmesan

Served with pasta tosses in fresh herbs and butter
\$19.25

Smoked Chicken Chipotle Pasta

Marinated breast of chicken, red onion, spinach, Mushrooms and sweet corn, in a chipotle cream sauce
\$21.95

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Beverages

Milk	Small \$2.50	Large \$3.50
Orange Juice	Small \$3.25	Large \$4.25
Grapefruit Juice	Small \$3.25	Large \$4.25
Tomato Juice	Small \$3.25	Large \$4.25
Cranberry Juice	Small \$3.25	Large \$4.25

Coffee, Tea and Soft Drinks \$2.90

Espresso Bar

Espresso \$2.95	Café Latte \$3.95	Mocha \$4.25
Cappuccino \$3.95	Hot Chocolate \$3.95	