

## Starters

### Hummus

Puree of chickpeas, tahini, garlic, extra virgin olive oil and fresh lemon juice.  
Served with flat bread

### Earth & Surf

Fried fresh calamari and assorted vegetables in a light batter. Served with aioli sauce

### Traditional Smoked Salmon

Smoked salmon, sliced tomato, Bermuda Onions, olives, bagel and cream cheese

### Buffalo Chicken Wings

Glazed with our own spicy sauce. Served with ranch dressing and celery sticks

### Quesadillas

Flour tortilla filled with Mozzarella and Cheddar cheese, Ortega chilies, cilantro, salsa and sour cream  
With Chicken

### House Salad

### Soup of the Day

## Salads

### Seafood Salad

Heart of romaine, tomato and cucumber tossed in a light vinaigrette dressing. Topped with sautéed scallops, prawns, calamari, celery and mushrooms in a light garlic sauce

### Spicy Beef Salad

Thin slices of steak sautéed in our spicy sauce, served on a bed of tomato, cucumber and hearts of romaine, tossed in a light vinaigrette dressing. Garnished with onion rings and fresh herbs

### California Cobb

Hearts of romaine topped with diced bacon, smoked turkey, tomato, avocado, eggs and Blue cheese. Choice of dressing

### Crab Louie Salad

Hearts of romaine, avocado, tomato and broccoli, tossed in our own Louie Dressing.  
Topped with crab meat

### Tostada Salad

Grilled chicken on a bed of crisp romaine, roasted corn, black beans, shredded cheddar, diced tomatoes and crispy tortilla strips, tossed in our own ranch dressing topped with Guacamole and salsa Fresca

### Cibo Kale Caesar Salad

Kale, Brussels sprouts, Romaine lettuce, almonds, raisins, croutons, Parmesan cheese,  
Our own Caesar dressing  
With Chicken (extra) With Shrimp (extra)  
With NY Steak (extra)

### Chinese Chicken Salad

Shredded Chicken on mixed greens, shredded Napa cabbage, cilantro, mandarin oranges, crispy wontons all tossed in our sesame ginger dressing topped with peanuts and sesame seeds

### Herb Crusted Salmon Salad

Herb crusted Salmon filet on top of a bed of Romaine heart, diced tomatoes and cucumber with our citrus vinaigrette

### BBQ Chicken Salad

Hearts of romaine, fresh basil, crispy corn tortillas, Swiss and Cheddar cheese, tossed in our own ranch dressing. Topped with BBQ breast of chicken, tomato and cucumber

### Teriyaki Salmon Salad

Teriyaki glazed salmon filet on top of romaine, red cabbage and cilantro, tossed in our sesame ginger dressing and garnished with mandarin orange slices and sesame seeds

### Southwest Chicken Salad

Breaded chicken strips served on crisp romaine with avocado, roasted corn, shredded cheddar and diced tomatoes all tossed in our spicy ranch dressing and garnished with crispy tortilla strips and caramelized walnuts

### Napa Valley Spinach Salad

Baby spinach, carrots, candied walnuts, dried cranberries, apples, crumbled Feta cheese in a light raspberry vinaigrette  
With Chicken (extra) With Shrimp (extra)  
With NY Steak (extra)

*We will be happy to do a substitute for you. Please ask the server for the cost of your request.*

# Entrees

## Filet of Salmon

Flame grilled fresh salmon topped with saffron sauce, served with rice and vegetables

## Chicken Fettuccini

Fettuccini with breast of chicken, garlic and vegetables in a parmesan cream sauce

## Prawns Linguini

Linguini with jumbo prawns, garlic and basil in a tomato wine sauce

## Tofu Stir Fry

Tofu and assorted fresh vegetables sautéed in a light soy sauce with garlic and ginger

## Florentine Chicken

Breast of chicken with spinach, mushroom and onions in a light cream sauce

## Marinated Lamb Chop

With Rosemary Merlot demi glace sauce, garlic mashed potatoes and vegetables

## Lemon Cream Ravioli

Stuffed ravioli with a light and tangy lemon cream sauce and fresh basil

## New York Steak

Prime Angus beef served with sautéed spinach and garlic mashed potatoes (12oz)

# Natural Burgers

*We pride ourselves in using all grass fed, hormone free, anti-biotic free beef from local purveyor*

*Served with choice of French Fries or Cole Slaw*

## Chipotle Burger

With lettuce, red onion, pickle sauce, Pepper jack cheese and Chipotle Aioli sauce

## Build your own Burger

With lettuce, tomato, red onion and our famous herbed mayo

Add cheese extra

Add bacon extra

Add Mushroom extra

Add Avocado extra

### Cheese Choices:

Cheddar, provolone, Pepper jack, Swiss, Bleu Cheese

## BBQ Bacon Burger

With hickory BBQ sauce, grilled onion and cheddar cheese

## Garden Burger

Vegetarian patty, lettuce, tomato, red onion and cheddar cheese

## Patty Melt

Caramelized onions, melted cheddar cheese, on toasted rye

## Cibo Burger

Provolone cheese, avocado, bacon, red onion, lettuce, tomato with our famous herbed mayo

*Add a tossed salad or soup with any entrée, sandwich or burger: Additional charge*

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# Sandwiches

*All sandwiches served with choice of French Fries or homemade Cole Slaw. Add a tossed Salad or Soup (extra)*

## Palo Alto Club

Smoked Turkey, bacon, Swiss cheese, lettuce, tomato with our famous herbed mayo

## California Chicken

Seasoned chicken breast flame grilled with Jack cheese, avocado, lettuce, tomato, red onions with our famous herbed mayo

## Turkey Melt

Smoked turkey, grilled onion, tomato and cheddar cheese

## Pastrami

Lean pastrami, provolone, red onion, lettuce, tomato with our famous herbed mayo

## Philadelphia Cheese Steak

Sliced grilled steak, roasted peppers, onions and provolone cheese

## Tuna Salad

Freshly made tuna salad with lettuce, tomato with our famous herbed mayo

## Smoked Turkey

Smoked turkey, Swiss cheese, lettuce, tomato with our famous herbed mayo

## Reuben

Pastrami, sauerkraut, Swiss cheese and 1000 Island dressing

## Crab Sandwich

Crab meat, provolone cheese, fresh baby spinach, tomato and cucumber

## Meatloaf

Topped with burgundy mushroom sauce, served open face with Garlic mashed potatoes, French fries or Cole slaw

## Tuna Melt

Our own tuna salad, Cheddar cheese, tomato and our famous herbed mayo

## BLTA

Bacon, lettuce, tomato and avocado on sourdough bread with herbed mayo

## French Dip

Thin slices of roast beef served with au jus  
With Provolone cheese

## 1/2 Sandwich, soup or salad

BLTA, Smoked Turkey, or Tuna

# Wraps

**All wraps are made with flat bread and served with Tossed salad**

Vegetable Wrap

Gyro Wrap

Chicken & Vegetable Wrap

*We will be happy to provide a substitute for you. Please ask the server for the cost of your request.*

## **Beverages**

Milk	Small	Large
Orange Juice	Small	Large
Grapefruit Juice	Small	Large
Tomato Juice	Small	Large
Cranberry Juice	Small	Large

### **Coffee, Tea and Soft Drinks**

## **Espresso Bar**

**Espresso**

**Café Latte**

**Mocha**

**Cappuccino**

**Hot Chocolate**